

**ADVANCED WELLNESS**  
61 Beaver Brook Road, Suite 103, Lincoln Park, NJ 07035

**MEDICAL HISTORY**

Patient's Name: \_\_\_\_\_

Reason for visit: \_\_\_\_\_

When did your symptoms first appear? \_\_\_\_\_

Is this condition getting progressively worse or better? \_\_\_\_\_

Rate the severity of your pain on a scale from 1(least pain) to 10 (severe pain): \_\_\_\_\_

Type of pain:  Sharp  Dull  Throbbing  Numbness  Aching  Shooting  Burning  
 Tingling  Cramps  Stiffness  Swelling Other: \_\_\_\_\_

How often do you have pain/symptoms? \_\_\_\_\_

Is it constant or does it come and go? \_\_\_\_\_

Does it interfere with your  Work  Sleep  Daily Routine  Recreation

Activities or movements that are painful to perform: (circle all that apply)

Sitting Standing Walking Bending Lying Down

What medical treatments have you already received for your condition? (circle all that apply)

Medication Surgery Physical Therapy Chiropractic Other: \_\_\_\_\_

Have you fallen in the past 12 months? Yes  No  If yes, how many times? \_\_\_\_\_

Allergies	Medications	Dosage / Frequency	Vitamins/Herbs/Minerals
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Exercise Level  
 None  
 Moderate  
 Daily  
 Heavy

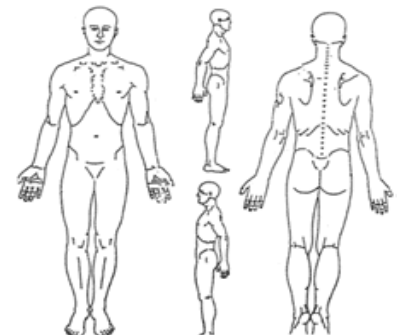
Work Activity  
 Sitting  
 Standing  
 Light Labor  
 Heavy Labor

Habits  
 Smoking  
 Alcohol  
 Coffee/Caffeine  
 High Stress Level

Are you pregnant?  No  Yes If yes, due date: \_\_\_\_\_

**Mark areas of pain below.**

Injuries / Surgeries	Description	Date
Broken Bones	_____	_____
Dislocations	_____	_____
Surgeries	_____	_____
Falls	_____	_____
Other Injuries	_____	_____



Please indicate if you have had any of the following: (circle)

- |           |                    |                     |                      |
|-----------|--------------------|---------------------|----------------------|
| Anemia    | Goiter             | Multiple Sclerosis  | Prosthesis           |
| Arthritis | Gout               | Osteoporosis        | Rheumatoid Arthritis |
| Asthma    | Heart Disease      | Pacemaker           | Scarlet Fever        |
| Cancer    | Hernia             | Parkinson's Disease | Stroke               |
| Diabetes  | High Cholesterol   | Pinched Nerve       | Seizures             |
| Epilepsy  | Migraine Headaches | Polio               | Tumors               |

Other: Please Specify: \_\_\_\_\_

Patient's Signature \_\_\_\_\_ Date: \_\_\_\_\_